



Hey LHBC Families!

We want to keep this very simple. Just focus on two (2) key words – **Remember and Rejoice**. That is the heart of the Lord's Supper. We are to *remember* what He has done for us and then *rejoice* in what it means for our lives.

1. The Lord's Supper is a Time to REMEMBER (23-25)

When we take the Lord's Supper we are to be reminded of His love and sacrifice for us. When the bread is broken it is to remind us of the body of Christ that was broken for us, and the juice is to remind us of the blood of Christ that was shed for us.

- **THE BREAD...**

- Read 1 Corinthians 11:23-24
- Ask the family to remember His body that was broken for them
- Pass out the bread or crackers that you are using to symbolize the body of Christ
- Say a prayer of blessing for Christ's body which was broken for you
- Eat the bread

- **THE JUICE...**

- Read 1 Corinthians 11:25
- Ask the family to remember His blood that was shed for them
- Pass out the cups of juice that you are using to symbolize the blood of Christ
- Say a prayer of blessing for Christ's blood, which was poured out for you
- Drink the juice

If you have children that you are unsure of where they are with their salvation, this would be a GREAT time to share the Gospel with the family. Here is a simple way to share the GOSPEL that I have used a lot.

Sharing the Good News:

- G God created us to be with Him (Ps. 100:3)**
- O Our sins separate us from God (Rom. 3:23)**
- S Sins cannot be removed by good deeds (Eph. 2:8-9)**
- P Paying the price, Jesus came and died for our sins on the cross (1 Cor. 15:3-4)**
- E Everyone who trusts in Jesus alone for salvation will have eternal life (John 3:16)**
- L Life that is eternal means living forever with God in Heaven (John 17:3)**

Closing Question and Prayer

Would you like to ask Jesus to save you from your sins so that you can live forever with God in Heaven?

Dear God,

I admit that I have sinned and need a Savior. I believe that Jesus came, that he died on a cross to pay the price for my sins, and that he rose from the dead to conquer death and sin. Right now, I confess Him as Lord of my life. I turn from my sin and self and ask you Jesus to forgive my sin and save my soul. Amen

2. The Lord's Supper is a Time to REJOICE (26)

Read verse 1 Corinthians 11:26 as a family. Every time you celebrate the Lord's Supper you are giving a powerful testimony that you believe in Jesus and know, love, and serve Him.

Close your time as a family by just thanking Jesus for all He has done in your lives – His salvation, His blessings, His mercy and forgiveness.

Close in prayer and thank Jesus for blessing your family.

Now would be a neat time to take a picture of your family doing the Lord's Supper together. I believe this is a "once in a lifetime" type of opportunity and hope you look back on it and think – *Remember the time we had the Lord's Supper at home!*